

PUT A GENTLE SIGN ON THE DOOR

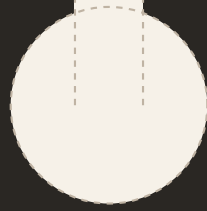
door hangers

Sometimes the kindest thing is a quiet sign, so you do not have to explain out loud. These printable door hangers say it for you, gently. Print the one you want, cut it out, and hang it over a door handle when you need a little quiet or a little space.

how to use them

Each hanger is on its own page. Print at 100% scale on A4, cut around the outline and the handle hole, and hang it over a door handle. Card between 160 and 250 gsm lasts longer.

There are four to choose from, in hushri's calm voice rather than a blunt do-not-disturb. Use whichever fits the moment, and turn it around or take it down when you are ready for the world again.



hushri



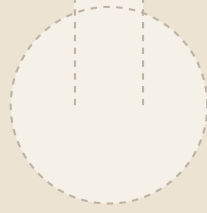
quiet, please

I'm turning the world down for a bit. Back
with you soon.

YOUR WORLD, TURNED DOWN

hushri.com

PRINT AT 100% ON A4 · CUT AROUND THE OUTLINE AND THE HANDLE HOLE · HANG IT ON A DOOR HANDLE



hushri

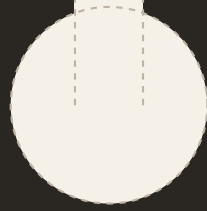


resting my ears

A little quiet is helping. Thank you for
keeping it gentle.

YOUR WORLD, TURNED DOWN

hushri.com



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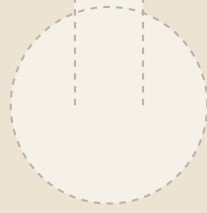
gentle
in here

Please knock softly, there is no need to call
out.

YOUR WORLD, TURNED DOWN

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PRINT AT 100% ON A4 · CUT AROUND THE OUTLINE AND THE HANDLE HOLE · HANG IT ON A DOOR HANDLE



hushri



low-noise hour

Sound got a lot. I am keeping things calm
for a while.

YOUR WORLD, TURNED DOWN

hushri.com



ABOUT hushri

for anyone who finds the world too loud.

hushri is the human home for noise sensitivity and sensory difference — built from lived experience, in the belief that the problem is the world, not the people in it.

WHAT WE STAND FOR

Accessibility

Barriers removed, so support is easy to reach.

Honesty

We say what is true, clearly and without spin.

Respect

Every person met as they are, without judgement.

Friendliness

Warm, approachable, and never clinical.

Inclusivity

You are welcomed, represented, and made to belong.

Sincerity

We mean what we say, and we say it with care.

SCAN TO EXPLORE hushri



Read & explore

Guides, tools and support at
hushri.com



Watch & listen

Calming videos on
YouTube @hushri